



What you'll enjoy at Bowman Place Assisted Living:

- Private studio, one or two bedroom apartments
- Expertly trained, around the clock staff
- Wide range of art, social, cultural and recreational activities
- Stylish dining in the café and grand "Gather" dining room
- Spacious common areas
- Personal assistance with activities of daily living
- Scheduled transportation
- Professional medication management
- Wellness management and stay-fit programs
- Coordination of advanced infection control systems
- Assistance in coordinating healthcare needs and appointments
- Heat, air conditioning, electricity and wi-fi included
- Emergency response system
- Housekeeping and laundry services
- Short term respite care available
- Full-service beauty salon/barber shop
- Fitness room with a variety of classes



Bowman Place at Olde Bedford is a non-profit retirement community nestled amid a spectacular natural setting in the heart of Olde Bedford.

**Bowman
Place** at OLDE BEDFORD
Assisted Living & Memory Care

24 Old Bedford Road
Bedford, NH 03110

*(at the intersection of Olde Bedford Way
and Old Bedford Road)*

bowmanplace.org • (603) 714-7003

To learn more about Bowman Place at Olde Bedford,
please call us at (603) 714-7003 or visit our website at bowmanplace.org.

Assisted Living
in the heart of Olde Bedford

Owned and operated by:
Senior Living of Bedford, a 501(c)(3) organization

Retirement Living that Offers an Enriched Lifestyle & Lifelong Wellness



A Community You Will Call Home

We understand the importance of you or your loved one being healthy, happy, safe and secure. Bowman Place is for seniors who like their independence, but want to meet new friends, re-kindle their passions, or just enjoy life to the fullest.

Life at Bowman Place is much like staying at a luxury hotel with three gourmet meals a day prepared by professional chefs, concierge service, housekeeping and laundry services, full activities program, maintenance and transportation. Our experienced staff promotes an innovative wellness

program to improve well-being and work towards preserving your independence.

Peace of Mind for the Entire Family

The spacious studio, one-bedroom and two-bedroom apartments at Bowman Place strike the perfect balance between comfort and safety. Inviting common areas provide comfortable places for you to gather with friends and family. Bowman Place's spectacular natural setting provides you with park-like grounds for your pleasure and relaxation.

Personalized care and services are delivered to you around the clock by a staff of well-trained professionals. The administration works closely with you and your family to develop a customized Personalized Caring Plan (PCP) based



Bowman Brook

on personal preferences and established daily routines. Whether it's help with activities of daily living or medication management, this personalized daily support encourages optimal independence.

Active & Vibrant Community

Activities and events are a priority at Bowman Place, with a wide range of ways to keep you engaged with others in the community. A robust calendar of social, recreational and cultural programs are designed to enrich and enhance a lively senior lifestyle. You will have the opportunity to enjoy frequent outings, shopping excursions, exercise and art classes, book groups, lifelong learning opportunities, entertainment, dining out, or simply taking a stroll in the beautiful Bedford countryside.

The Non-Profit Advantage

Bowman Place at Olde Bedford is a private non-profit senior living community. As a non-profit, one of the primary missions is to reinvest profits back into the community.



Bowman Place operates on principles such as dedication to serving seniors, investing profits back into the facility, and giving back to the community. Bowman Place's volunteer Board of Trustees

holds the organization to a higher standard of quality services, expert management and financial integrity.



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