

Bowman Place

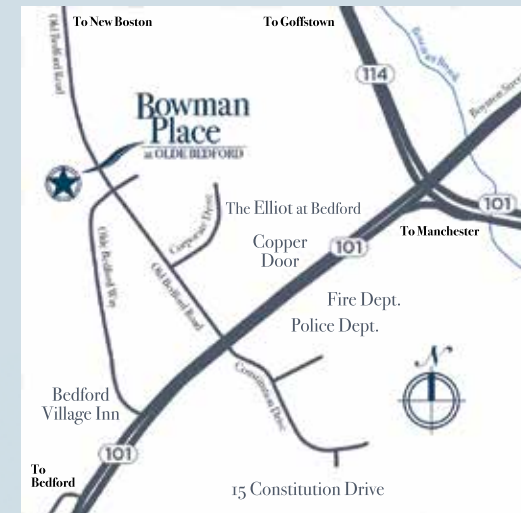
at OLDE BEDFORD

Assisted Living & Memory Care



Life at Longview at Bowman Place

- Private studio suite and bathroom
- Three chef-prepared meals served daily
- Wide range of social, recreational, cultural and creative activities
- 24-hour staff supervision, safety checks, and emergency response system
- Behavior-Based Ergonomics Therapies (BBET)
- Personalized clinical assessment and care planning
- Beautiful therapeutic, secure memory garden
- Medication supervision
- Health and wellness programs
- Medical transportation
- Individual gathering spaces: living room, dining room, cozy kitchen and patio
- Full-service beauty salon/barber shop
- Housekeeping and laundry services



Bowman Place at Olde Bedford is a non-profit retirement community nestled amid a spectacular natural setting in the heart of Olde Bedford.

Bowman Place

at OLDE BEDFORD

Assisted Living & Memory Care

24 Old Bedford Road
Bedford, NH 03110

bowmanplace.org • (603) 714-7003

Owned and operated by:
Senior Living of Bedford, a 501(c)(3) organization

Memory Care
Longview at Bowman Place

To learn more about Bowman Place at Olde Bedford,
please call us at (603) 714-7003 or visit our website at bowmanplace.org.

Comfort, Respect & Dignity at Longview at Bowman Place



Compassionate Care at Longview

It can be challenging to find the right residence for a loved one who needs memory care. At Longview at Bowman Place, you will discover a safe, positive, residential environment with the mission to deliver the very best in memory care services. Longview consists of two secure memory care neighborhoods specifically for people with Alzheimer's and other memory challenges. They have been specifically designed to allow for resident independence and a sense of community.

The private and companion suites in Longview are built for an elevated comfortable living experience. The neighborhoods feature inviting living

and dining areas and a cozy country kitchen intended for resident engagement. A spacious enclosed garden with benches and a walking path where fresh air, beautiful flowers, and sunshine lift the spirits. Everything at Longview has been carefully planned to provide an enriching environment with optimum safety and security.

Beyond Memory Care

Residents are not defined by their memory loss while living at Longview. Enriching programs keep residents in Longview neighborhoods spirited, functional and engaged. Off-campus trips allow residents to experience many different locations and environments. In addition, a myriad of fun, creative in-house activities are designed to stimulate the minds and keep bodies strong.



A Personalized Approach to Care

An individualized approach to care is the guiding principle at Longview. Person-Centered Care therapy is designed to enhance the dignity and quality of life for those living with dementia. A social history of life experiences is collected on arrival at

Longview, so that care can be tailored to each resident's unique strengths and needs.

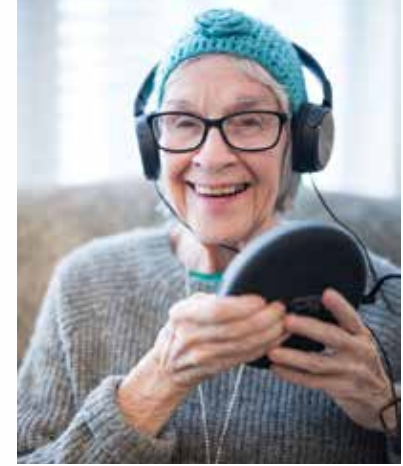
Bowman Place was the first community in New Hampshire to offer the Behavior-Based

Ergonomics Therapies (BBET), a program that consists of four therapies customized to each individual's interests and capabilities:

- Music Therapy
- Curated Video Therapy
- Stimulating Therapy
- Memory Prop Therapy

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Residents at Longview enjoy music therapy provided by BBET.

Care When You Need It

At Longview, families get the extra benefit of peace of mind that their loved one is in capable professional hands. Trained staff are available around the clock to provide personal and health care needs, dressing assistance, and medication supervision.

For more information, call us at (603) 714-7003.

